

Screening journeys – Northern Health

Which option is best for you?

Women/individuals less than 35 years old



ULTRASOUND



BLOOD TEST

Best time for ultrasound and SIPS blood test



11–13 weeks Dating ultrasound

9–13 weeks First blood test*

14–16 weeks Second blood test

19–21 weeks Detailed ultrasound

* Blood draw can be done based on Last Menstrual Period dating

Women/individuals 35 years or older and those with twin pregnancies



ULTRASOUND



BLOOD TEST

Best time for ultrasound and NIPT blood test



11–13 weeks Dating ultrasound

10+ weeks⁺ One blood test – NIPT

19–21 weeks Detailed ultrasound

⁺ After dating ultrasound done

Women/individuals with first appointment after 14 weeks gestation



ULTRASOUND



BLOOD TEST

Best time for ultrasound and Quad blood test



After first appointment Dating ultrasound

14–21 weeks One blood test[^]

19–21 weeks Detailed ultrasound

[^] Women/individuals ≥ 35 years old or twin pregnancies have NIPT instead of Quad

Women/individuals who choose not to test for Down Syndrome



ULTRASOUND

Best time for ultrasound only



11–13 weeks Dating ultrasound

19–21 weeks Detailed ultrasound

A completed lab requisition is required for each blood collection:

SIPS: <https://cms.psbchealthhub.ca/sites/default/files/2023-09/PGSLabReq.pdf>

NIPT: https://cms.psbchealthhub.ca/sites/default/files/2023-09/DynacareLabRequisition_Funded.pdf

For more info see website:

<https://www.psbchealthhub.ca/screening-programs>