

**NEWBORN BLOOD SPOT  
SCREENING LABORATORY**

BC Children's Hospital  
4480 Oak Street, Room 2F27  
Vancouver, BC V6H3V4  
Ph: (604) 875-2148  
Fax: (604) 875-3836



Place Infant's  
Addressograph/Label Here

## INFORMED DEFERRAL: NEWBORN BLOOD SPOT SCREENING

I **DO NOT WISH** for my baby to receive the newborn blood spot screening tests listed below prior to discharge from Hospital.

☐ I will take my baby to a hospital laboratory or follow other plans to have blood taken when my baby is between 24 and 48 hours of age

**I understand that newborn screening requires only a few drops of blood from my baby's heel and**

- Screens for more than 25 treatable disorders (listed below) which can be present even when a baby looks perfectly healthy.
- When detected by newborn screening and treated early, severe developmental delay, growth problems, health problems and even sudden infant death can be prevented.

\_\_\_\_\_  
Name of Parent / Legal Guardian First and Last name (please print clearly)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Witness (patient's most responsible health care provider). I watched the parent / guardian sign the deferral form.

\_\_\_\_\_  
Witness First and Last Name (please print)

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

The treatable conditions in British Columbia's Newborn Blood Spot Screening Program:

<b>Metabolic Disorders</b> <i>Amino Acid Disorders:</i> <ul style="list-style-type: none"><li>• Phenylketonuria (PKU)</li><li>• Maple Syrup Urine Disease (MSUD)</li><li>• Citrullinemia (CIT)</li><li>• Argininosuccinic Acidemia (ASA)</li><li>• Homocystinuria (Hcy)</li><li>• Tyrosinemia I (Tyr I)</li><li>• Guanidinoacetate Methyltransferase Deficiency (GAMT)</li></ul>	<i>Fatty Acid Oxidation Disorders:</i> <ul style="list-style-type: none"><li>• Medium-chain Acyl-CoA Dehydrogenase Deficiency (MCAD)</li><li>• Long-chain Hydroxyacyl-CoA Dehydrogenase Deficiency (LCHAD)</li><li>• Very-long chain AcylCoA Dehydrogenase Deficiency (VLCAD)</li><li>• Carnitine Uptake Disorder (CUD)</li></ul>	<i>Organic Acid Disorders:</i> <ul style="list-style-type: none"><li>• Propionic Acidemia (PROP)</li><li>• Methylmalonic Acidemia (MUT) and B12 Deficiency</li><li>• Cobalamin Disorders (Cbl A,B)</li><li>• Glutaric Aciduria Type 1 (GA I)</li><li>• Isovaleric Acidemia (IVA)</li><li>• Biotinidase Deficiency</li></ul>	<i>Galactosemia (GALT)</i>
<b>Endocrine Disorders</b> <ul style="list-style-type: none"><li>• Congenital Hypothyroidism (CH)</li><li>• Congenital Adrenal Hyperplasia (CAH)</li></ul>	<b>Sickle Cell Disease and other Hemoglobin Disorders</b>	<b>Cystic Fibrosis (CF)</b> <b>Spinal Muscular Atrophy (SMA)</b>	<b>Severe Combined Immunodeficiency (SCID)</b>

For health care provider use ONLY: see link for more information: <http://www.perinatalservicesbc.ca/health-professionals/professional-resources/screening/newborn>

- Fax this deferral form to NBS program 604-875-3836
- Place copy of this signed form in baby's health record
- Notify the infant's physician or midwife of the deferral