Keep Your Baby Safe

YOUR BABY AND COVID-19

No Face Mask

Do not put a face mask or any covering on your baby's face, including visors and eye protection

Because your baby's airways are still small it will be difficult for your baby to breathe through the face mask or any other covering. Small parts from the face mask, visor or eye protection can come off and become a choking hazard. This is for all infants under 2 years of age.

No Heavy Covering or Clothing

Do not over bundle your baby or cover carrier with heavy blankets

Dressing your baby in too many layers or covering the stroller or car seat in heavy blankets can make your baby too hot and increase the chance of Sudden Infant Death Syndrome (SIDS).

Hand Washing

Frequent hand washing

Wash your hands often with soap and water for at least 20 seconds. This is a safe and good way to keep everyone's hands clean. If soap and water is not available, you can use liquid hand sanitizer on your hands but not on your baby's hands as it may hurt your baby's skin.

Physical Distance

Safe Physical Distance

While you and your baby can be close, it is important to keep 2 meters between you and other people that do not live in your house. This is the best way to protect yourself and your baby against COVID-19.