

Baby feeding cues (signs)

Early cues

"I'm hungry"



Stirring



Mouth opening



Turning head
Seeking/rooting

Mid cues

"I'm really hungry"



Stretching



Increasing
physical movement



Hand to mouth

Late cues

"Calm me, then feed me"



Crying



Agitated body
movements



Colour turning red

Time to calm crying baby

- Cuddling
- Talking
- Skin-to-skin on chest
- Stroking



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