

# NICU

## RICHMOND HOSPITAL

ADDRESS: 7000 WESTMINSTER HIGHWAY

RICHMOND, BC V6X 1A2

TELEPHONE: (604)278-9711 LOCAL: 5293

WEBSITE:

<http://www.vch.ca/Locations-Services/>

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Richmond Hospital NICU is a six bed nursery that provides care for infants that are 32 weeks and above. The NICU is located within the Birth Centre, on the third floor within the south tower of the Richmond hospital. The NICU is staffed with two NICU trained nurses on day and night shift. We work in collaboration with families in providing care for their infants.

### Getting Here

The hospital is located in the city of Richmond on the corner of Westminister Highway and Gilbert Road. The hospital is easily accessible by public transit from either bus or Skytrain. It is within walking distance from the Brighthouse Skytrain station in Richmond. For more information on how plan your trip to Richmond hospital via public transit, please visit the following website:

<https://new.translink.ca/>



### Places to Rest or Stay

There are several hotels within walking distance to the hospital, you may ask to speak with the social worker if assistance is required. There is a shared pump room in the NICU, which also serves as a rooming in bedroom for parents prior to discharge home with their infants.

### Parking

Richmond hospital has a covered parking tower on site. There is limited neighborhood street parking available surrounding the hospital. Single and multiday parking passes are available for purchase from the parking meters on-site.

### Visitors

Daily nursing shift handover happens between 7 - 8 am and 7 - 8 pm. To maintain patient confidentiality no families or visitors are permitted in the NICU during handover times. Visitors to the NICU are welcome, however they must be accompanied by a parent. Only siblings whose immunization is allowed to visit in the NICU. During influenza season, Vancouver Coastal Health authority's Flu policy is in effect for all staff, visitors and parents. For more information please see <http://www.vch.ca/your-care/hospital-care/visiting-the-hospital>



### Places to Eat

Within Richmond hospital there is :

Starbucks coffee shop located by the main entrance on Gilbert Road.  
Monday to Friday 6:30am - 6pm  
Saturday and Sunday 7:30am - 5pm.

Park Side Cafe, on the second floor of the hospital in the red zone:  
Monday to Friday 7:30am - 7pm  
Saturdays and Sundays 8:30am - 7pm.

There are also a number of restaurants within walking distance.

### Health Care Team Members:

In addition to Nurses and Pediatricians, you and your baby may be supported by other care providers, including:

- ✓ RESPIRATORY THERAPISTS
- ✓ SOCIAL WORKERS
- ✓ DIETITIANS
- ✓ SPIRITUAL CARE

## Routines

Parents are welcome day and night, and will be supported by the NICU staff in caring for their infant. Any questions or concerns parents may have can be directed to the NICU RNs. Pediatricians round at various times during the day, parents who wish to speak directly to the pediatrician responsible for the care of their infant may request this anytime through the NICU staff.



## Support Breastfeeding

A breast pump kit will be provided for use upon admission. There is a refrigerator and freezer space available for expressed breast milk storage in the NICU. There are numerous portable privacy screens available for use during skin-to-skin, breastfeeding or if you wish to pump at your infant's bedside.

## Amenities

Within the NICU there are 2 private pump rooms with breast pumps and a pull out bed for resting. These are shared amongst the NICU families. There is also a microwave, small kitchen sink, parent bathroom and lockers for parents to use in the NICU.

## Support for families

The following support is available for you, your baby and your family:

- ✓ [HOSPITAL VOLUNTEERS](#)
- ✓ [TRANSLATION SERVICES](#)

## Notes:

**Richmond Hospital NICU: (604) 278-9711 local 5293**

