

# NICU

### LANGLEY MEMORIAL HOSPITAL

ADDRESS: 22051 Fraser Highway | Langley B.C. V3A 4H4 TELEPHONE: 604 514 7429 WEBSITE: www.fraserhealth.ca



At LMH Nursery we believe parents are essential members of their baby's care team. We welcome you as partners in your baby's care, and value your needs, preferences and cultural beliefs.

At LMH we provide care to babies that are 35 weeks and older. We are located on the 3rd floor of the hospital within the Maternity Unit .

#### Parking

There is ample parking for visitors in the hospital parking lot.

There are pay stations in the lot. In and out privileges are allowed, please refer to posted parking information for details.

There is limited parking in the surrounding neighborhoods. Please see restrictions posted.

#### Places to Rest or Stay

We have one care-by-parent room where parents can stay to be close to their baby. We also provide accommodations on the unit when rooms are available. The Patient Care Coordinator can assist with these requests.



# **Getting Here**

LMH is on many bus routes, with bus stops close to the hospital.

For more information on planning your trip via public transit please visit:

https://www.translink.ca/

# Parents & Visitors

If infection control measures are in effect, visiting may be restricted. Parents are welcome in the NICU anytime.

We ask all parents and visitors to:

- wash their hands up to their elbows before entering the NICU
- complete the visitor health screening form each day they visit

Visitors:

- under 12 years old are limited to siblings
- are limited to 2 people per baby at a time (including parents).

Parents can identify family and friends that can visit when they are not present. Ask your baby's nurse how.

# **Places to Eat**

On the main floor you will find:

• Coffee Shop: Open M-F, 8:00am - 8:00pm

On the basement level you will find:

• Cafeteria: Open M-F, 8:30am - 3:30pm

Note: Hours may vary.

## Health Care Team Members:

In addition to Nurses and Pediatricians, you and your baby may be supported by other care providers, including:

- ☑ RESPIRATORY THERAPISTS
- SOCIAL WORKERS
- ☑ DIETITIANS
- ☑ SPIRITUAL CARE



#### ROUTINE

Parents are not considered visitors in the NICU. You are part of your baby's care team and we hope you will spend as much time as possible with your baby. Your baby's nurse can show you all the ways you can provide care for your baby. This may include holding your baby skin-to-skin, changing their diaper, taking their temperature, taking part in daily rounds and more.



Amenities

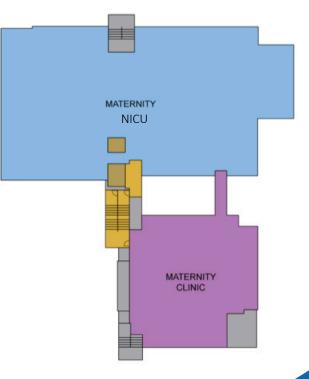
There is a family lounge, a place to pump and a chapel.

# Breastfeeding Support

Please discuss your feeding goals with your baby's health care team. We are here to support you and your baby to meet your feeding goals.

Your baby's nurse will help you get started with hand expression and pumping. We have electric breast pumps and pump kits for use when you are in the NICU and will give you storage containers for pumping at home.

#### LANGLEY MEMORIAL HOSPITAL Floor 3





Notes: