

NICU

LIONS GATE HOSPITAL

ADDRESS: 231 EAST 15TH STREET

NORTH VANCOUVER, BC V7L 2L7

TELEPHONE: LGH: 604-988-3131 NICU: 604-984-5863

WEBSITE:

<http://www.vch.ca/LOCATIONS-SERVICES/RESULT?>

RES_ID=1244



LGH vision of care is supporting healthy lives in healthy communities with our partners through care, education, and research.

We care for newborns with various health issues, until they are ready to go home. LGH NICU is located on the third floor of the acute tower and is a six bed open unit. Each bedside has a reclining chair for feeding and skin-to-skin care. Parents are welcome and encouraged to stay with their baby for long as they are comfortable.

Parking

There is limited parking on the streets. A large parking lot is located on the corner of East 15th and St. Georges Avenue.

Hourly/daily/weekly and monthly options are available. You pay by license plate number at a pay station, or by phone.

Getting Here

LGH is accessible by TransLink services from Vancouver International Airport, BC Ferry Terminals at Horseshoe Bay and Tsawwassen, Pacific Central Station (downtown Vancouver rail and bus station), and SkyTrain stations. Buses 229, 230, 232, 241, 242, N24, 240, 255 all stop on Lonsdale Avenue, close to LGH. TransLink provides information on the transit routes and schedules. <https://new.translink.ca/>



Places to Eat

The main floor lobby area has the Terrace Cafeteria and Mehri's Coffee bar. Both are open early in the morning until late in the evening. There are also several restaurants and supermarkets on East 13th and Lonsdale, within walking distance of the hospital.

Places to Rest or Stay

The social worker can help to find short or long term accommodation in the area. There is also one companion room on the 3rd floor. This is reserved for parents who live out of town, so they can be close to their baby.

Visitors

Parents can visit anytime but because of the small size of the NICU, and to maintain confidentiality, the NICU at LGH are closed to all other visitors 7 - 8 am and 7 - 8 pm. All visitors must be free of infectious diseases and follow hand washing instructions before entering. No children under 12 years of age are allowed except for siblings. Parents need to complete a sibling health screening form.

Health Care Team Members:

In addition to Nurses and Paediatricians, you and your baby may be supported by other care providers, including:

- ✓ RESPIRATORY THERAPISTS
- ✓ SOCIAL WORKERS
- ✓ SPIRITUAL CARE

Routines

Parents are welcome in the NICU day and night, and will be supported by the NICU staff, to take care for their infant. Any questions or concerns parents may have can be directed to the NICU Nurses. Pediatricians round at various times during the day, parents who wish to speak directly to the pediatrician responsible for the care of their infant may request this anytime through the NICU staff.



Support for families

Other resources available for you, your baby and your family:

✓ **BABY'S BEST CHANCE:**
<https://www.healthyfamiliesbc.ca/parenting>



✓ **NORTH SHORE INFANT DEVELOPMENT PROGRAM:**
<https://www.nsdrc.org/community-based-services/>



✓ **TRANSLATION SERVICES:**
<https://www.healthlinkbc.ca/contact-us>



Breastfeeding Support

The nurses will provide breastfeeding support. Breast pumps and kits are supplied, as well as instructions on cleaning and caring for your pumping supplies. We will also help you to label and safely store your breast milk. You are welcome to pump at your baby's bedside, or in the pump room. Privacy screens are available. Donor breastmilk is available.

Amenities

There is a family lounge located outside the NICU, and a chapel located on the main floor.

Notes:

Lactation Consultant : 604-983-6863

Security: 5943 (on LGH house phone)

Social Worker: Ask nurses

Spiritual Care: 604-984-5894

