## BC WOMEN'S HOSPITAL+ HEALTH CENTRE

## **NICU**

#### TECK ACUTE CARE CENTRE BC WOMEN'S HOSPITAL + HEALTH CENTRE

ADDRESS: Teck Acute Care Centre Entrance #53, 2nd Floor | 880 West 28th Avenue Vancouver, BC

V5Z 4H4

**TELEPHONE:** (604) 875-2136 Toll free: 1-888-300-3088

**WEBSITE:** http://www.bcwomens.ca/ourservices/neonatal-care/neonatal-intensive-care

VIDEO TOUR: Scan the QR code with your

smartphone camera





The NICU at BC Women's Hospital is located on the 2nd and 3rd floors of the Teck Acute Care Centre in Vancouver. We care for newborns with serious health concerns and provide clinical services not available elsewhere in the province. BC Women's Hospital NICU has 70 single rooms for babies. Mothers and partners are welcome to stay with their babies 24 hours a day.

### **Parking**

Pay parking is in effect 24/7. BC Women's offers a "pay-by stall number" system with meters located in the underground and surface parking lots, and at every entrance to the hospital. Monthly parking passes can also be purchased at the meters.

#### **Getting Here**

There are 3 ways to access the hospital by road: Oak Street, West 28th Avenue and Willow Street. The West 28th Street entrance is closest to the Teck Acute Care Centre Entrance for the NICU (#53). There are major transit stops nearby (bus and Canada Line) and a bicycle route on Heather Street. Please visit www.bcwomens.ca for more information.

## Places to Rest or Stay

Mothers and partners are welcome to stay in their baby's room. Families from out of town can stay at Ronald MacDonald House (onsite) or near-by Easter Seal House. The NICU social worker can assist families in finding accommodations when necessary.

#### **Visitors**

Friends and extended family members must access the NICU by taking the elevators from the lobby of the Teck Acute Care Centre to the 2nd Floor NICU and check in at the reception desk. Any one entering the NICU must remove coats, rings, watches and bracelets and wash hands before entering the NICU. Siblings maybe present at any time, but must check in with the front desk first to fill out a sibling health screening form. Visitors must be 13 years or older to visit and not have any infectious disease.

#### **Places to Eat**

Families have access to the hospital cafeteria and can order on-line for pickup. There is also a Starbucks, Second Cup and Bean Around the World on campus. There are several dine in and take out restaurants nearby and a Safeway at the corner of Oak Street and 25th Avenue.

## Health Care Team Members:

The following members of the health care team may take care of your baby:

- **☑** DIETITIANS
- ☑ FAMILY ADVISORS
- ☑ LACTATION CONSULTANTS
- ☑ MUSICAL THERAPIST
- ☑ NEONATOLOGISTS
- **☑** NURSES
- ☑ NURSE PRACTITIONERS
- ☑ OCCUPATIONAL THERAPISTS
- **☑** PAEDIATRICIANS
- **☑** PHARMACISTS
- **☑** PHYSIOTHERAPISTS
- **☑** PSYCHOLOGIST
- **☑** RESPIRATORY THERAPISTS
- **☑** SOCIAL WORKERS
- **☑** SPIRITUAL CARE





#### Routines

Parents are not considered visitors to the NICU.

You are part of your baby's core care team and we hope you will spend as much time as possible with your baby. Your baby's nurse can show you all the ways you can participate in your baby's care, including holding your baby skin-to-skin, taking part in daily rounds and more.



#### **Amenities**

There are accessible bathrooms and showers, washers and dryers, a pump room for mothers, two family lounges and refreshment stations for families in the NICU. Patient rooms contain breast pumps, pull-out sofa bed and linen, a TV, a storage closet, lockable cupboard and drawers, a small fridge for families' snacks and drinks and another for breast milk.

## Breastfeeding Support

Your nurse will help you get started with hand expression in the first hour after birth. Your nurse will also show you how to use the breast pump and help you with breastfeeding. Our NICU Lactation Consultants and Occupational Therapists work closely with families when additional infant feeding support in the NICU is needed.

## Support for families

You, your baby and family may also be supported by other services and care providers, including:

- **☑** INFO CLASSES FOR FAMILIES
- **☑** CHILDCARE FOR SIBLINGS
- ☑ COUNSELLING SERVICES
- MILK HANDLING ROOM
- ☑ SPIRITUAL CARE
- **☑** TRANSLATION SERVICES
- ☑ INDIGENOUS HEALTH PROGRAM
- ☑ NICU VOLUNTEERS PROGRAM
- ☑ FAMILY SUPPORT PROGRAM
- ☑ ONLINE RESOURCE LIBRARY

## **Important Contacts**

# Notes:

