

All About Your Baby

This document is designed by parents for parents.

The transfer of a baby from one NICU to another NICU can be stressful. By completing this document, you will provide important information to the doctors and nurses working in the unit where your baby is going. It will tell them about your baby, yourself, your family, how you take care of your baby and what you have learned already about your baby and the care of your baby.

This document will be kept at your baby's bedside in the NICU where your baby is going. It will tell the doctors and nurses all they need to know even when you are not there. It will also prevent you from having to answer the same questions at every shift change.

Your baby's nurse will assist you with this if you need help.

Thank you for sharing this important information about your baby, yourself and your family.



Baby's first and last name

All About Me

Information for the Bedside

Form completed by (check boxes):

- Parent/Guardian
- RN
- Social Worker
- Other

Signature: _____

About My Family:

Names of parents/guardians: _____

Names and ages of siblings: _____

Contact information: _____

My family's routine/schedule: _____

Please contact them if/when: _____

About Me:

My story: _____

My likes: _____

My dislikes: _____

My family's feeding goals for discharge are (check boxes):

- To exclusively breast feed
- Breast feed and expressed breast milk by bottle
- Expressed breast milk and formula feed by bottle
- Exclusively formula feed by bottle

My family cares for me by (check boxes):

- Holding me
- Providing Kangaroo (skin-to-skin) care
- Dressing me
- Feeding me
- Reading/singing/talking to me
- Bathing me
- Changing my diapers
- Taking my temperature
- Weighing and measuring me
- Attending Rounds
- Attending shift handovers
- Changing my O2 Sat probe
- Warming my feeds
- Helping with NG feeds
- Helping to change my CPAP
- Other:

My family has learned about (check boxes):

- Breast milk supply maintenance
- Safe storage/handling of human milk
- Safe sleep positioning and environment
- RSV screening/teaching
- Airway management
- Purple crying
- Biliary atresia