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Date: October 13, 2016

To: Current NRP Instructors

From: Debra O'Flaherty, Coordinator – Neonatal Outreach, PSBC
BC NRP Regional Instructor Trainers

RE: NRP 7th Edition Instructor Update Workshop

We are excited to announce the implementation of the NRP 7th Edition in BC with Instructor Update Workshops to be held across BC. The purpose of the 7th Edition Instructor Update Workshop is to:

- familiarize instructors with the 7th edition changes;
- provide opportunities for current instructors to improve knowledge and skills;
- provide opportunities to practice and improve on administration of integrated skills stations, simulation, and debriefing; and
- identify the instructor's strengths and areas that the Regional Instructor Trainers can help to further develop.

The cost of the 7th Edition NRP Textbook is included in the \$150 plus taxes workshop registration fee and will be shipped to you once you send in your registration form with payment.

The focus of the BC NRP education program is on patient safety and team collaboration. Our BC NRP Regional Instructor Trainer (RIT) team is committed to supporting all instructors who are keenly interested in maintaining their instructor status. We are excited to offer this opportunity to maintain the high standards we are proud of in BC. Thank you for your continued support of all newborns and their families across the province.

Please see following pages for more detailed information and a list of workshops available for registration.

NRP 7th Edition Instructor Update Workshops (for Current Instructors) October 13, 2016

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The NRP 7th Edition Instructor Update Workshops are based on the 2015 AHA/AAP Neonatal Resuscitation Guidelines. We included the cost of the 7th Edition NRP textbook in the workshop registration fee and will ship your textbook once you send in your registration form with payment. We will continue to refer to the 2011 NRP Instructor Manual.

To maintain instructor status to teach the 7th Edition of the NRP, you must **complete the following five components before the transition deadline of September 30, 2017:**

1. Review the NRP 7th Edition materials prior to the Instructor Update Workshop:
 - Textbook of Neonatal Resuscitation, 7th Edition
 - 2016 Canadian Medications Table
 - An Introduction to the Neonatal Resuscitation Program Integrated Skills Station Assessment Tool
 - 2011 Instructor Manual for Neonatal Resuscitation (optional but recommended)
 2. Email your certificate of completion of the NRP online exam, 7th Edition to Perinatal Services BC at least **2 weeks** prior to your NRP 7th Edition Instructor Update workshop.
To access the online exam (reminder that NRP Instructors receive complimentary access):
 1. Go to www.healthstream.com/hlc/cps.
 2. Sign in using your NRP Instructor ID as both your user ID and the password.
 3. The 7th edition NRP exam will appear (as will the 6th Edition until September 2017) under your To-Do tab (the exam for instructors and providers is the same).
- *Note: All mandatory fields must be completed in order to receive your NRP certificate. Once the exam is completed the certificate can be found under the "completed" tab.
3. Participate in a 1.5 day NRP 7th Edition Instructor Update Workshop. At least two workshops will be offered in each health authority. You are invited to register for workshops outside your health authority if you are unable to attend your health authority designated workshop. Refer to Workshop Dates in the next section or the Perinatal Services BC website for the dates when seats will be released to instructors outside that health authority.

4. Successfully complete the peer evaluated NRP Advanced Individual Integrated Skill Station Assessment (ISSA) with support from a NRP Regional Instructor Trainer during the NRP 7th Edition Instructor Update workshop. The ISSA offers an objective and consistent method to evaluate learners. The tool has been updated to reflect the NRP 7th Edition.
 - We recognize that peer evaluation can create performance anxiety. We want you to do well. Some strategies to address this include:
 - Know the content: Read the textbook and study the ISSA checklist.
 - Practice: Practice with a colleague.
 - Get feedback: Videotape yourself and review with the ISSA.
 - Get sleep: At least 8 hours. It helps!
 - Before the peer evaluation, participants will have several opportunities to practice their skills and practice administering and scoring their peers.
5. Actively participate in the simulation based learning cases during the NRP 7th Edition Instructor Update workshop.

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Please do not hesitate to contact Debra O'Flaherty (co-chair of the BC NRP Regional Instructor Trainers committee) at doflaherty@phsa.ca if you have any questions.

See next page for workshop dates and links to registration forms.

NRP 7th Edition Instructor Update Workshops for Current Instructors

Please note: you are able to register for a workshop outside your health authority if you are unable to attend the workshop scheduled for your health authority. Registration forms are linked in [blue](#) to each health authority name or can be found at:

www.perinatalservicesbc.ca/health-professionals/education-development/neonatal-resuscitation-program.

Northern Health: There is a maximum 12 participants per workshop with the exception of Fort St John where there is a maximum of 8 participants.

- Fort St John: November 17** 1300 to 1700 hours **and November 18** 0800 to 1600 hours
- Prince George: December 8** 1300 to 1700 hours **and December 9** 0830 to 1630 hours
- Terrace: January 30, 2017** 0830 to 1630 hours **and January 31** 0830 to 1230 hours

Interior Health: There is a maximum 16 participants per workshop with the exception of Cranbrook where there is a maximum of 12 participants.

- Cranbrook: November 22** 0830 to 1630 hours **and November 23** 0830 to 1230 hours
- Kelowna: November 28** 0830 to 1630 hours **and November 29** 0800 to 1200 hours
- Kelowna: November 29** 1300 to 1700 hours **and November 30** 0830 to 1630 hours
- Kamloops: December 1** 1230 to 1630 hours **and December 2** 0830 to 1630 hours

Island Health: There is a maximum 16 participants per workshop. Priority will be given until December 1 for Island Health NRP instructors to register for one of these workshops. Seats will then be released to instructors outside Island Health.

- Victoria: January 14, 2017** 0830 to 1630 hours **and January 15** 0830 to 1230 hours
- Nanaimo: January 20, 2017** 1300 to 1700 hours **and January 21** 0830 to 1630 hours

PHSA (Vancouver): There is a maximum 16 participants per workshop. Priority will be given until January 4 for PHSA NRP instructors to register for one of these workshops. Seats will then be released to instructors outside PHSA.

- February 6, 2017** 0830 to 1630 hours **and February 7** 0830 to 1230 hours
- February 27, 2017** 0830 to 1630 hours **and February 28** 0830 to 1230 hours
- March 27, 2017** 0830 to 1630 hours **and March 28** 0830 to 1230 hours
- TBA**

Fraser Health (Surrey): There is a maximum 16 participants per workshop. Priority will be given until January 4 for FHA NRP instructors to register for one of these workshops. Seats will then be released to instructors outside FHA. **NOTE**: for those who are not FHA NRP instructors, Day 2 will finish at 1230 hours.

- February 16 and 17, 2017** 0830 to 1630 hours both days
- February 20 and 21, 2017** 0830 to 1630 hours both days
- February 24 and 25, 2017** 0830 to 1630 hours both days
- April 28 and 29, 2017** 0830 to 1630 hours both days

Vancouver Coastal Health: There is a maximum 16 participants per workshop. Priority will be given until January 19 for VCH NRP instructors to register for one of these workshops. Seats will then be released to instructors outside VCH.

- North Vancouver: March 3, 2017** 1300 to 1700 hours **and March 4** 0830 to 1630 hours
- Richmond: March 5, 2017** 0830 to 1630 hours **and March 6** 0830 to 1230 hours