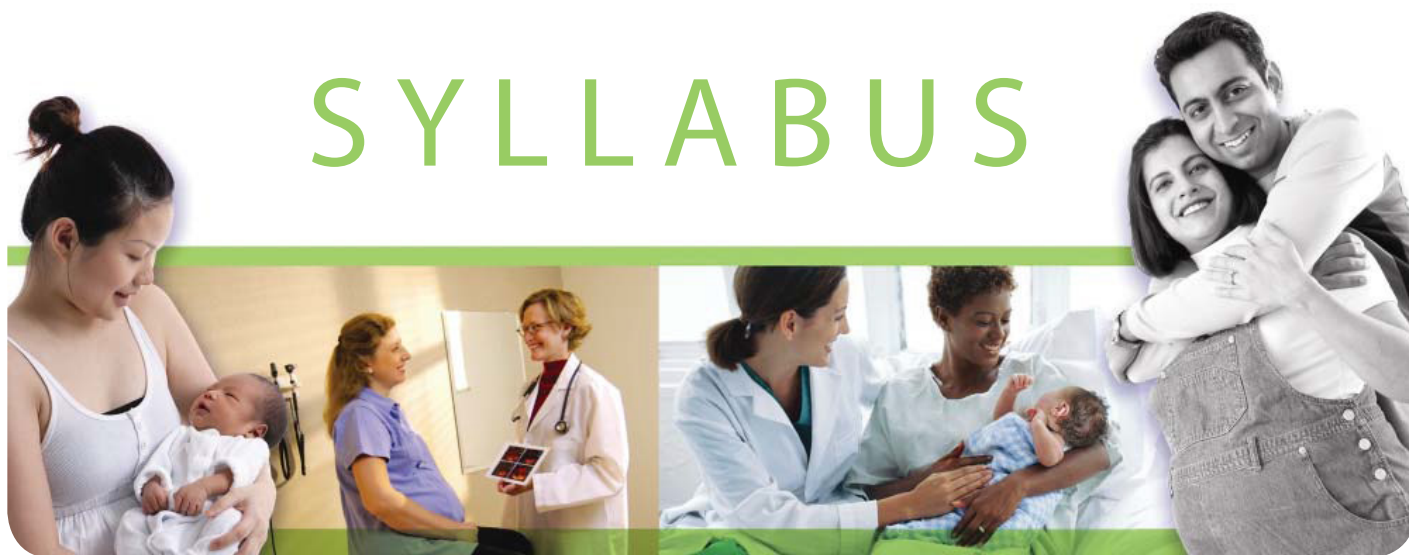


Healthy Mothers and Healthy Babies:

New Research and Best Practice Conference

February 21 - 22, 2014 | Vancouver, BC

SYLLABUS



Healthy Mothers and Healthy Babies:

New Research and Best Practice Conference

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Conference Description & Objectives

This inaugural conference hosted by Perinatal Services BC, an agency of the Provincial Health Services Authority, will be an opportunity for health care professionals who are interested in the care of pregnant women and their newborns to be updated on new research and best practices across the continuum of perinatal and newborn care. This conference will engage health care professionals from a wide range of disciplines as well as members of the public in knowledge transfer and interprofessional collaboration in order to provide the best care possible and ensure healthy mothers and babies.

The format will include plenaries, breakout sessions, and poster sessions.

Learning Objectives

- 1) To identify best practices and new research in maternal, fetal and neonatal care from researchers, experts and each other
- 2) To reflect on five new developments across the continuum of care from conception to postpartum
- 3) To discuss surveillance and system improvement in perinatal services

Planning Committee

Lucy Barney

Aboriginal Lead, Perinatal Services BC

Kenny Der

Manager, Information Systems, Perinatal Services BC

Anita Dircks

Project Manager, Perinatal Services BC

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Lily Lee

Provincial Lead, Surveillance, Perinatal Services BC

Gerald Marquette

Physician, Women's Hospital & Health Centre, OB-GYN/Maternal Fetal Medicine, Vancouver BC

Debra O'Flaherty

Provincial Outreach Coordinator, Perinatal Services BC

Katia Selezeneva

Interprofessional Continuing Education, University of British Columbia

Janet E. Walker

Conference Chair, Provincial Lead, Education & Quality, Perinatal Services BC

Kim Williams

Provincial Executive Director, Perinatal Services BC

Anxiety BC

Anxiety BC is a non-profit organization which works to increase awareness about anxiety disorders; promote education of the general public, affected persons, and health care providers; and increase access to evidence-based resources and treatments.

BC Lactation Consultants Association

British Columbia Lactation Consultants Association will present information on becoming an International Board Certified Lactation Consultant, as well as information on the advantages of membership: including professional development, mentoring, networking and education opportunities.

BC Healthy Child Development Alliance

The BC Healthy Child Development Alliance (BCHCDA), in partnership with the Public Health Agency of Canada, has developed a series of training materials on 'Social and Emotional Development in the Early Years'. The content includes: Typical social emotional development in the early years (0-3); Signs that additional support may be needed; Strategies to promote healthy social emotional development.

College of Midwives of BC

The College of Midwives of BC regulates the midwifery profession under BC's Midwives Regulation and Health Professions Act. We are dedicated to ensuring women and their families receive a high standard of midwifery care that includes continuity and informed choice.

Fit 4 Two

Fit4Two® offers fitness and yoga programs for pregnant women and new mothers at local community centers. Our classes are a safe place for women to connect and build community while improving their physical and mental health. Fit4Two is baby friendly.

Pacific Post Partum Support Society

For over 40 years, Pacific Post Partum Support Society has been providing comprehensive support for perinatal/postpartum depression and anxiety. Our services include free telephone counselling, women's support groups, community education talks, partner information sessions and educational publications.

Perinatal Services BC

Perinatal Services BC (PSBC) is an agency of the Provincial Health Services Authority and provides leadership, support, and coordination for the strategic planning of perinatal services in British Columbia in collaboration with regional health authorities, the First Nations Health Authority, and healthcare professionals across the province. PSBC is the central source in the province for evidence-based perinatal information. Visit www.perinatalservicesbc.ca.

Resource Table

First Nations Health Authority

Presenter Listing

Kristi Adamo, MSc, PhD, Research Scientist and CIHR New Investigator, Director of HALO Research Laboratory, Healthy Active Living and Obesity Research Group, Children's Hospital of Eastern Ontario Research Institute, Ottawa, ON

Pat Agon Chen, LCE, IBCLC, RN, BSN, Public Health Nursing, Vancouver Coastal Health, Vancouver, BC

Jaime Ascher, BSc, Vice President, Still Life Canada: Stillbirth and Neonatal Death Education, Research and Support Society, Vancouver, BC

Melanie Basso, RN, MSN, PNC(C), Senior Practice Leader- Perinatal, BC Women's Hospital and Health Centre, Vancouver, BC

Deborah Bell, Ph.D, Psychologist, Sand Story Psychology, Vancouver, BC

Ingunn Benediktsson, BHSc, Master's Student, Medical Sciences, University of Calgary, Calgary, AB

Radhika Bhagat, RN, MN, Manager, Public Health, Vancouver Coastal Health, Vancouver, BC

Nicole Catherine, MSc, PhD, Scientific Director, BC Healthy Connections Project, Adjunct Professor and University Research Associate, Children's Health Policy Centre, Faculty Health Science, Simon Fraser University, Vancouver, BC

Genevieve Currie, RN, MN, School of Nursing and Midwifery, Mount Royal University, Calgary, AB

Leanne Dahlgren, MD, Assistant Professor, Department of Obstetrics & Gynaecology, University of British Columbia, Vancouver, BC

Cheryl Davies, RN, MEd, Women's Health Centre, BC Women's Hospital and Health Centre, Vancouver, BC

Jennifer Douglas, PhD, Still Life Canada: Stillbirth and Neonatal Death Education Research and Support Society, Vancouver, BC

Keren Epstein-Gilboa, PhD, MEd, BSN, RN, FACCE, LCCE, IBCLC, RLC, Psychotherapist, Nurse, Childbirth Educator, Lactation Consultant, Part time Faculty, Department of Early Childhood Studies, Ryerson University, Sessional Lecturer, Department of Psychology, University of Toronto at Mississauga, Toronto, ON

Marilyn Evans, RN MN PhD, Associate Professor, Arthur Labatt School of Nursing, Western University, London, ON

Lynn Farrales, MSc, MD, CCFP, Family Physician and Clinician Scholar, University of British Columbia, Still Life Canada: Stillbirth and Neonatal Death Education, Research and Support Society, Vancouver, BC

Ivy Fernando, RN, BSN, PNC©, Perinatal Clinical Educator, BC Women's Hospital, Vancouver, BC

Karon Foster, BScN, MEd. R.N, Nurse, Phoenix Centre for Children and Families, Pembroke, ON

Gillian Frosst, MPH, Epidemiologist, Perinatal Services BC, Vancouver, BC

Ellen Giesbrecht, MD, FRCSC, Department Head of Obstetrics and Acting Senior Medical Director, BC Women's Hospital, Vancouver, BC

Kendall Ho, Professor, Department of Emergency Medicine, Director, eHealth Strategy Office, Faculty of Medicine, University of British Columbia, Executive Director, inter-Cultural Online health Network (iCON), British Columbia, eHealth Expert Working Group, Royal College of Physicians and Surgeons of Canada CanMEDS 2015, eHealth Education Committee Member, Association of Faculties of Medicine of Canada, Collaborator, World Health Organization Global eHealth Observatory, Vancouver, BC

Jennifer A Hutcheon, PhD, Perinatal Services BC and the Department of Obstetrics and Gynaecology, University of British Columbia, Vancouver, BC

Donna Jepsen, RN CCHN(C), BSN, IBCLC, MSc, Provincial Coordinator, Nurse-Family Partnership Program, Population and Public Health, Ministry of Health, Vancouver, BC

Suzanne Johnson, Registered Dietitian, First Nations Health Authority, Vancouver, BC

Frances Jones, RN MSN IBCLC, Coordinator Lactation Services & Milk Bank, Women's Hospital and Health Centre of British Columbia, Vancouver, BC

K.S. Joseph, MD, PhD, Professor, Department of Obstetrics & Gynaecology, School of Population and Public Health, University of British Columbia, BC Women's Hospital and Health Centre, BC Children's Hospital of British Columbia, Vancouver, BC

Gerry Kasten, MSc, FDC, Registered Dietitian, First Nations Health Authority, Vancouver, BC

Brooke Kinniburgh, MPH, Epidemiologist, Perinatal Services BC, Provincial Health Services Authority, Vancouver, BC

Janelle Kwee, Psy.D., R.Psych., Registered Psychologist, Trinity Western University, Langley, BC

Vanessa Lapointe, Ph.D, Registered Psychologist, The Wishing Star - Lapointe Developmental Clinic, Surrey, BC

Dean Leduc, Family Physician, Associate Professor, University of Ottawa, Director, Low Risk Maternity / Newborn Clinic, Montfort Hospital, Ottawa, ON

Lily Lee, MSN, MPH, RN, Provincial Lead, Surveillance, Perinatal Services BC, Vancouver, BC

Kenneth Lim, MD, FRCSC, Chair, SOGC Committee on Diagnostic Imaging, Clinical Associate Professor, University of British Columbia, Medical Director, Diagnostic and Ambulatory Program at BC Women's Hospital and Health Centre, Vancouver, BC

Sarka Lisonkova, MD, PhD, Research Associate Department of Obstetrics and Gynaecology, University of British Columbia, Vancouver, BC

Shiliang Liu, Ph.D, Maternal and Infant Health Section Surveillance Division, Centre for Chronic Disease Prevention, Public Health Agency of Canada, Ottawa, ON

Lenora Marcellus, Assistant Professor School of Nursing, University of Victoria, Victoria, BC

Aliyah Mawji, RN, BN, MPH, PhD, Assistant Professor, School of Nursing and Midwifery, Mount Royal University, Calgary, AB

Hillary McBride, B.A, M.A, Student, Counselling Psychology Program, Trinity Western University, Langley, BC

Azar Mehrabadi, MSc, PhD Candidate, School of Population and Public Health & Department of Obstetrics & Gynaecology, Vancouver, BC

Amy Metcalfe, Ph.D, Post-doctoral fellow, Department of Obstetrics and Gynaecology, University of British Columbia, Vancouver, BC

Tasnim Nathoo, Social Worker, British Columbia Centre of Excellence for Women's Health, Vancouver, BC

Wendy Norman, MD, MHSc, Family Physician, Assistant Professor, Women's Health Research Institute, BC Women's Hospital, Vancouver, BC

Arlene Paton, Assistant Deputy Minister's Office, Ministry of Health

Nancy Poole, Director, BC Centre of Excellence for Women's Health, Vancouver, BC

Shahirose Premji, BSc, BScN, MScN, PhD, Post-doctoral Fellowship, Associate Professor, Faculty of Nursing, Adjunct Professor, Faculty of Medicine, Department of Community Health Sciences, University of Calgary, Public Health Nurse, Alberta Health Services, Calgary, AB

Nicole Pugh, M.A, Clinical Psychology Resident, Department of Psychology, Vancouver Coastal Health, Vancouver, BC

Andrea Regimbal, BSc, MSc, Secretary, Still Life Canada: Stillbirth and Neonatal Death Education, Research and Support Society, Vancouver, BC

Presenter Listing, cont

Tina Revai, BScN, Board Certified Lactation Consultant, BC Lactation Consultant Association, Port Alberni, BC

Michael Robson, Consultant, Obstetrician and Gynaecologist, The National Maternity Hospital, Dublin, Ireland

Deirdre Ryan, M.B. FRCPC, Medical Director, Reproductive Mental Health Program, BC Mental Health and Addiction Services, an agency of PHSA, Vancouver, BC

Vanessa Salmons, RN BSN, Regional Early Childhood Development Lead, Northern Health, Quesnel, BC

Rick Schreiber, Clinical Professor of Pediatrics, University of British Columbia, Director Pediatric Liver Disease and Liver Transplant Program, Division of Pediatric Gastroenterology Hepatology and Nutrition, BC Children's Hospital, Vancouver, BC

Amanda Seymour, Coordinator, HerWay Home, Island Health, Victoria, BC

Sana Shahram, PhD Candidate, UBC Okanagan. Research Coordinator, Department of Obstetrics and Gynaecology, University of British Columbia, Oyama, BC

Dorothy Shaw, MBChB, FRCSC, Vice President and Clinical Professor, BC Women's Hospital and Health Centre, Vancouver, BC

Esther Sigurdson, RN, BSN, Clinical Educator, Public Health, Vancouver Coastal Health, Vancouver, BC

Elizabeth Snow, PhD, CE, Evaluation Specialist, Public Health, Fraser Health Authority, Surrey, BC

Rebecca Sovdi, CDE, MPH, Registered Dietitian, First Nations Health Authority, Vancouver, BC

Jewel Thomas, Musqueam First Nation

Kim Toews, RPN, ADPN, BsPN, Project Manager, Towards Flourishing Project, Winnipeg, MB

Suzanne Tough, PhD, MSc, Professor, Child Development Centre, University of Calgary, Calgary, AB

Michelle Urbina-Beggs, RN, MN, Clinical Nurse Educator, Fraser Health Authority, Newport Public Health Unit, Port Moody, BC

Tamara Van Tent, RN, BScN, MHS, Clinical Program Director, Perinatal Fraser Health Authority, Abbotsford Regional Hospital, Abbotsford, BC

Sonya Vellet, PhD, Infant / Early Childhood Mental Health Practitioner, Sand Story Psychology, Vancouver, BC

Lori Wolfe, RN, MSN, IBCLC, South Community Birth Program, Vancouver, BC

Joanne Wooldridge, RN MSN, Regional Leader, Early Childhood Development, Vancouver Coastal Health, Vancouver, BC

Poster Presenter Listing

Elena Ali, RN, BN, MN Student, Registered Nurse, Graduate Faculty of Nursing, University of Calgary, Calgary, AB

MS Asheya, B. Ed., MPH (cand.), Founder, Mothers of Change for Maternity Care, Optimal Birth BC Member, Vancouver, BC

Caitlin Frame, M.Sc. Candidate, Student, School of Population and Public Health, University of British Columbia, Vancouver, BC

Adam R. King, MPH, BA, Provincial Lead - Health Promotion and Prevention, Perinatal Services BC

Lori Hanson, BA, MSc, PhD, Associate Professor, Department of Community Health and Epidemiology, University of Saskatchewan, Saskatoon, SK

Jennifer Hutcheon, Assistant Professor, Obstetrics & Gynaecology, University of British Columbia, Vancouver, BC

Patricia Janssen, Ph.D., Epidemiologist, School of Population and Public Health, University of British Columbia, Vancouver, BC

Michael Klein, MD, CCFP, FAAP (Neonatal-Perinatal), FCFP, ABFP, FCPS, Sr. Scientist Emeritus, Center for Developmental Neurosciences & Child Health, Child and Family Research Institute, Emeritus Professor Family Practice & Pediatrics, University of British Columbia and Child and Family Research Institute, Vancouver, BC

Shiliang Liu, PhD, Maternal and Infant Health Section, Surveillance Division, Centre for Chronic Disease Prevention, Public Health Agency of Canada, Ottawa, ON

Liz McKay, BSN, NTC Community Health Nurse Leader, Athabasca University Graduate Student, Nu-u-chah-nulth Community and Human Services, Port Alberni, BC

Daphne McRae, PhD Candidate, University of Saskatchewan, Chilliwack, BC

Danielle Munnion, BScN pending, Student Nurse, Langara College School of Nursing, Vancouver, BC

Carolyn Solomon, RN, BScN, Manager - Maternal and Women's Health, BC Ministry of Health

Jennette Toews, Manager, Maternal & Child Health Policy & Programs, Public Health Agency of Canada, Ottawa, ON

Cody Vong, BScN pending, Student Nurse, Langara College School of Nursing, Vancouver, BC

Janet E Walker, RN, MSN, Perinatal Services BC, Vancouver, BC

FRIDAY | FEBRUARY 21, 2014

		LOCATION
7:00 am	Registration and Breakfast	Foyer 3rd Floor
8:30 am	Opening Prayer – Jewel Thomas, Musqueam First Nation Welcome – Kim Williams Opening Remarks – Arlene Paton, Assistant Deputy Minister’s Office, Ministry of Health	Coal Harbour Ballroom
9:00 am	Plenary: Dr. Kristi Adamo The Intergenerational Cycle of Obesity - Why We Should Be Concerned	Coal Harbour Ballroom
10:30 am	Break	Foyer 3rd and 4th Floor
11:00 am	Concurrent Sessions A	
A1	A1i Public Health Prenatal Programs in Two Health Authorities in BC A1ii A First for First Nations Mothers: Perinatal Services from the First Nations Health Authority A1iii Prototyping a Seamless Perinatal Transition Team Model in Fraser Health: Lessons Learned	Grouse
A2	A2i Trauma-informed Principles and Care A2ii Early Identification of Risk and Protective Prenatal and Postnatal Factors Influencing Mother-infant Attachment A2iii Development and Pilot Evaluation of a Therapist-assisted Internet Cognitive-behavioural Program for Maternal Depression	Coal A
A3	A3i Severe Maternal Morbidity Associated with Early- and Late-Onset Preeclampsia A3ii Women’s Experiences with Gestational Diabetes: Implications for Diabetes Prevention Programs A3iii Fetal Death and Stillbirth: Rationalizing Definitions and Procedures for Optimizing Clinical Care and Public Health	Coal B
12:30 pm	Lunch, Exhibits Open	Foyer 3rd and 4th Floor
1:30 pm	Poster Session	Coal Harbour Ballroom and Seymour
2:00 pm	Concurrent Sessions B	
B1	B1i Alcohol Use During Pregnancy: A Research Update B1ii Best Practice Guidelines for the Treatment of Major Depression in the Perinatal Period B1iii Use of Ultrasound in Clinical Dating of Pregnancy	Coal A
B2	B2i The BC Healthy Connections Project: A Scientific Evaluation of Nurse-Family Partnership in BC B2ii Innovation in Addressing the Needs of Women with Perinatal Depression in Public Health: Volunteer Training Program and Support Group in Chinese B2iii Towards Flourishing – A Mental Health Promotion Strategy during the Perinatal Period	Grouse
B3	B3i Linking Perinatal Data in British Columbia B3ii Validity of Pre-Pregnancy Body Mass Index (BMI) Information Derived From a Population-based Perinatal Database B3iii Characteristics of Women in Robson Group 1, British Columbia 2008/2009 to 2012/2013	Coal B
3:30 pm	Break, Exhibits Open, Poster Viewing	Foyer 3rd and 4th Floor
4:00 pm	Plenary: Dr. Kendall Ho eHealth Enabled Mother and Baby Centred Care: Trends and Opportunities	Coal Harbour Ballroom
5:30 pm	Networking Reception	Prestons Restaurant

SATURDAY | FEBRUARY 22, 2014

		LOCATION
7:00 am	Registration and Breakfast	Foyer 3rd Floor
8:30 am	Plenary: Dr. Dean Leduc Induction of Labour	Coal Harbour Ballroom
9:30 am	Break	Foyer 3rd and 4th Floor
10:00 am	Concurrent Sessions C	
C1	C1i Stress-related Pathways to Preterm Birth: '10/90' Gap	Coal A
	C1ii Improving Community-based Care for Late Pre-term Infants	
	C1iii A Relationship for Life: Understanding and Supporting the Attachment Connection	
C2	C2i Comparing CenteringPregnancy® to Standard Prenatal Care plus Prenatal Education	Coal B
	C2ii Effect of Folic Acid Food Fortification on the Birth Prevalence of Congenital Heart Defects	
	C2iii Meeting Psychosocial Needs in Perinatal Care: Models for Multidisciplinary Collaboration	
C3	C3i Temporal Trends in the Birth Prevalence of Congenital Anomalies in British Columbia, Canada, 2000 to 2011	Grouse
	C3ii Baby's Best Chance: What is the Best Evidence on Inter-pregnancy Intervals and Effective Birth Spacing Techniques?	
	C3iii Bereaved Parents Break the Silence of Stillbirth	
11:30 am	Lunch, Exhibits Open	Foyer 3rd and 4th Floor
12:30 pm	Concurrent Sessions D	
D1	D1i Women's Experiences of Perinatal Wellbeing: Helping and Hindering Factors	Coal A
	D1ii Growing into Parenthood: Online Prenatal Classes for Young Parents	
	D1iii What is Baby Thinking and Feeling?: Infant Social Emotional Development During the First Few Months of Life	
D2	D2i Milk Sharing: The Sharing, Selling and Buying of Human Milk	Coal B
	D2ii Strategies to Increase Duration of Breastfeeding	
	D2iii Home Based Screening For Biliary Atresia Using Infant Stool Colour Cards: Improving the Health of British Columbian Newborns	
D3	D3i Fetal Scalp Lactate: A Comparison of Two Meters for Point of Care Testing for Fetal Acidemia	Grouse
	D3ii Determining the Optimal Length of Stay for Childbirth Based on Incidence Patterns of Neonatal Hospital Readmission	
	D3iii Incidence and Risk Factors of Postpartum Hemorrhage: An Investigation of the Temporal Increase in Postpartum Hemorrhage	
2:00 pm	Break, Exhibits Open, Poster Viewing	Foyer 3rd and 4th Floor
2:30 pm	Plenary: Michael Robson Audit of Labour and Delivery	Coal Harbour Ballroom
3:30 pm	Closing Remarks and Evaluation	Coal Harbour Ballroom

