

British Columbia Newborn Resuscitation and Stabilization Record

RESP	COLOUR	TONE
✓ = Good/crying	P = Pink	✓ = Active motion
I = Irregular/slow/shallow	R = Ruddy/plethoric	SF = Some flexion
RD = Respiratory distress	M = Mottled	H = Hypotonic/flaccid
Ø = Absent	W = White/pale	
V = Ventilated	C = Cyanotic/dusky	

ETT	1 kg	2 kg	3 kg	4 kg
Size	2.5	3.0	3.0-3.5	3.5-4.0
Insertion Depth (cm)	7	8	9	10

Estimated weight: _____ kg

MEDICATIONS (mL)	1 kg	2 kg	3 kg	4 kg
EPI-ETT (1:10 000) 1 mL/kg	1	2	3	3
EPI-IV (1:10 000) 0.1 mL/kg	0.1	0.2	0.3	0.4
VOL EXP-IV 10 mL/kg	10	20	30	40

Post-resuscitation only

Naloxone-IV (1 mg/mL) 0.1 mg/kg	X	X	0.3	0.4
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DATE _____ Time of Birth _____

Location: L&D NICU Other _____

1 TIME		2 ASSESSMENT										3 INTERVENTIONS						4 NOTES	
ACTUAL TIME OR AGE (in minutes)	Apgar score	Chart ongoing Apgars if <7 at 5 min					O ₂	PPV or CPAP	FREE FLOW ✓	% (or lpm)	RATE	PRESSURE	LMA size 1	ETT size _____	CARDIAC COMPRESS ✓	MED or VOLUME EXPANDER			(response to interventions, e.g. suction/secretions, line insertion, lab tests, X-rays, blood glucose testing) (If more space is required, continue on back)
		1 min	5 min	10 min	15 min	20 min										MEDICATION	DOSE (mL)	ROUTE (IV, UV, ETT, IM)	
		RESP	HR (per minute)	COLOUR	TONE	TEMP (AX or skin probe)													

MD/RM _____ / _____ / _____ Print Sign Initial OTHER _____ / _____ / _____ Print Sign Initial
 RN _____ / _____ / _____ Print Sign Initial RT _____ / _____ / _____ Print Sign Initial
 RECORDER _____ / _____ / _____ Print Sign Initial

Clock Reconciliation room clock: _____ Apgar timer: _____

BARCODE (IF USED)

