

Kelowna General Hospital

Kelowna General Hospital (KGH) is the Central Okanagan's primary acute care health facility. It represents one of two tertiary referral hospitals in the Interior region of the province. It offers high-level, specialty medical care in medical/ surgical services, ambulatory care/ outpatient clinics, and diagnostic/paramedical services.

Contact Information:

Kelowna General Hospital
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Website:

www.interiorhealth.ca/Health+Services/Hospitals/Regional+Hospitals/Kelowna+General.htm

Picture of NICU to be added

The Neonatal Intensive Care Nursery

The Neonatal Intensive Care Nursery (NICU) is located on the third floor of the hospital. It contains 6 beds in a Level 2 care setting. The team of health professionals working in the NICU includes:

- **Social Workers**, who meet with every family in the NICU. The Social Worker is there to help families find the services and supports they need.
- **Clinical Nurse Leaders** (Patient Care Coordinator and Charge Nurses), who help coordinate day-to-day care. They supervise the staff nurses. You can bring any concerns about your baby's care to them.
- **Bedside Nurses**, who are specially trained in neonatal nursing. They give 24-hour care to your baby. They will keep you up-to-date about how your baby is doing and help you learn to care for your baby.
- **Lactation Consultants**, who are nurses that can help you with breastfeeding. Let your nurse know if you would like to talk to a Lactation Consultant.
- **Pediatricians**, who specialize in the care of sick and premature infants.
- **Family Practice Residents**, who are doctors in training to become physicians. They work closely with the Pediatricians and staff.



- **Physiotherapists**, who work with babies that need extra help with their development so as to reach their full potential. Physiotherapists make referrals to community programs to follow a baby's progress. Physiotherapists also work with babies who need help clearing their lungs.
- **Registered Respiratory Therapists**, who work with babies that need breathing support. They also look after the equipment that helps babies breathe.

Places to Stay

There is one Parents' Room in the Paediatric Unit. This room accommodates two people. It is reserved mainly for parents who are taking their baby home the following day, but, mothers who are discharged for the Postpartum unit or who arrive under emergency circumstances can also stay in this room.

For longer term stays, the social worker on staff will help you to sort out accommodation. Some of the available options are outlined below. For other places to stay, please ask the social worker.

<i>Name</i>	<i>Location</i>	<i>Cost</i>	<i>Availability</i>	<i>Meals or Kitchen</i>	<i>Telephone</i>
Local hotels: contact information available on request	5 minute drive	\$50/\$60/night with subsidies in low season	good	yes	yes
Bed & Breakfast	walking distance	\$40-80/night	limited	yes	yes

Places to Eat

On Site:

- Hospital Cafeteria, open 8:00am to 6:00pm 5 days a week.
- Snackery, open 9:00am to 6:00pm 7 days a week.

Off Site:

- There are several restaurant and a Save-On Food grocery store a 5 minute drive from the hospital.