

Burnaby Hospital

Burnaby Hospital is one of Canada's leading community hospitals, with a reputation for outstanding patient care, reflected in the motto "The Human Touch".

Contact Information:

3935 Kincaid Street
Burnaby, BC V5G 2X6
Canada
NICU Phone: 604-412-6330
Fax: 604-431-2899
Web site: www.fraserhealth.ca



The Neonatal Intensive Care Nursery

The Neonatal Intensive Care Nursery (NICU) is located on the first floor of the hospital. It contains 8 beds in a Level 2 care setting. The following are members of the team of health professionals you will find in the NICU:

- **Social Workers** meet with families in the NICU. The Social Worker is there to help families find the services and supports they need.
- **Patient Care Coordinator (PCC)** helps coordinate day-to-day care. The PCC supervises the staff nurses. You can bring any concerns about your baby's care to the PCC.
- **Bedside Nurses** are specially trained in neonatal nursing. They give 24-hour care to your baby. They will keep you up-to-date about how your baby is doing and help you learn to care for your baby.
- **Pediatricians** are doctors who specialize in the care of children and newborns, with a special interest in premature infants.
- **Physiotherapists** work with babies that need extra help with their development so as to reach their full potential. Physiotherapists make referrals to community programs to follow a baby's progress. Physiotherapists also work with babies who need help clearing their lungs.
- **Occupational Therapists** follow the development of all babies born weighing less than 1000 grams. They work with babies who need extra help with feeding and positioning. This specific service is available on individual referral and assessed specialized need, but is available through Fraser Health.
- **Dieticians** are nutrition experts that are available to consult with you and the team on your baby's nourishment.
- **Registered Respiratory Therapists** work with babies who need breathing support. They also look after the equipment that helps babies breathe.



Places to Stay

- There are Parent Rooms on the Maternity unit / NICU. These rooms are reserved mainly for parents who are taking their baby home the following day. However, mothers who are discharged from the Postpartum unit or who arrive under emergency circumstances may also stay in these rooms.
- For longer term stays, the social worker on staff will help you to sort out accommodation. Some of the available options are outlined below.
- For other places to stay, please ask the social worker.

Name	Location	Telephone
401 Motor Inn	2950 Boundary Rd Burnaby (5 min drive)	604-438-3451
Accent Inn	3777 Henning Rd Burnaby (5 min drive)	604-853-1880
Best Western Regency Inn	32110 Marshall road, Abbotsford (8 min drive; free shuttle)	604-473-5000
Ramada Plaza Inn	36035 North Parallel Road, Abbotsford (5-8 min drive)	604-870-1050

Places to Eat

On Site:

- Hospital Cafeteria, open 6:30am - 6:00pm, 5 days a week.
- Tim Horton's coffee bar, open 7am-7pm, 7 days a week.

Off Site:

- There are two convenience stores and a restaurant within walking distance from the hospital.

Parking

- \$11/ day.(6am – 9pm); no “in and out” privileges with this rate.
- \$5 after 6pm; \$14/24 hr period.
- Surcharge for lost tickets.
- Metered parking available at \$4/hr in the Emergency parking lot (maximum 2hrs).
- Limited metered parking on Kincaid Street.
- Parkade passes: Weekly passes \$45.00, Bi-Weekly \$60.00 and monthly passes \$120.00.

Getting around:

- Burnaby Hospital is easily accessible by public transit. For transit schedules and information, please phone 604-953-3333 or visit the web at <http://www.translink.bc.ca>.
- For other travel subsidies, please refer to the BC Children's website under Province-wide Resources and Supports.

Visiting:

Parents are welcome and encouraged to visit and spend time with their babies in the NICU at any time.

- Other family members and friends are welcome as well if the baby's condition permits. Please note that space constraints limit visitors to 2 at a bedside at any one time.
- Visitors exhibiting active 'cold and flue symptoms' will not be allowed to visit.
- We ask that all guests check at with the nursing station.
- All NICU visitors are required to observe strict hand washing etiquette before entering the NICU.
- We also require that there be no visitors in the nursery during handover time (between 7:00 am – 7:30am and between 7:00 – 7:30pm) when the members of the health team are changing shifts.

Breastfeeding support:

Breastfeeding is important. We therefore do what we can to provide you with the support and supplies necessary to help you to breastfeed your baby.

- The NICU and post-partum nurses are qualified and experienced in helping new mothers and special care babies to breastfeed.
- Fraser Health Authority encourages all Perinatal employees to take the FHA MAD ('Making a Difference' Breastfeeding) course and to meet the standard target competencies as outlined by the course.
- NICU staff members have taken the 'Breastfeeding the Premature' course and have enhanced their working knowledge of the special breastfeeding needs of the premature infant.
- Breast pumps are available for mother's use. Breast kits are available for mother with babies in the NICU for a refundable \$25 deposit.
- The unit has a special fridge and freezer for storing breast milk.
- There are privacy screens and a 'pump' room for mothers to breastfeed and pump.
- We provide sterile containers for the milk collection and storage.

Other support:

We try to make your stay as comfortable and positive an experience as possible. The social worker supports every family to help them get the things that they need. In addition:

- Interpreters are available on site.
- There is also an extensive variety of support groups in the community that the social worker can connect you to.
- A post-partum discharge teaching class is held for new mothers, daily at 10:00am on the Maternity ward.
- There is a Sacred space for quiet contemplation, on the first floor near the entrance to the Maternity

ward.

- There is Diagnostic Imaging done on site in the NICU.
- Newborn hearing screening on all newborns as per Provincial standard.
- Ophthalmologist exams are done on site, to assess Retinopathy of Prematurity, with infants screened and assessed individually as per risk factors.
- There is an “Urgent Care Pediatric clinic” on site a Burnaby hospital; patients are seen by referral appointment only.